

GOING FURTHER

VALLEYDALE SUPPORT

Life Groups

Valleydale offers Adult Life Group for singles as well as groups combining singles and married couples. To get connected to a group or for more information, either stop by the Next Steps Desk in the lobby or go to www.valleydale.org/lifegroups and click on "Find a Life Group".

Valleydale Singles Ministry

The singles ministry at Valleydale is expanding. Preparations are underway for a Midweek experience for singles. Also, there are social opportunities for singles to fellowship and encourage one another. For more information about the singles ministry, contact mlmlanier9@gmail.com.

D-groups

Valleydale offers closed groups of 4-5 people that meet weekly for the purpose of discipleship through the development of spiritual disciplines through accountability and encouragement. To join a D-group or for more information contact the following:

- MEN'S GROUP - psawyer@valleydale.org
- WOMEN'S GROUP - hbraswell@valleydale.org

Podcasts

"Singleness and the Church" (Search for "Valleydale Church" on Youtube. Select "Playlists". You will find the given title under the "ONEFamily" series.)

For more
resources, visit
valleydale.org/family
OR
visit our resource
center in the
lobby

Serving God through

SINGLEHOOD



SERVING GOD AS A SINGLE PERSON

Singleness is often viewed negatively in society, and sometimes, even in the church. But whether single or married, our purpose is the same: to glorify God and testify to the life-changing power of the gospel! Here are five ways that singleness allows a person to accomplish that end.

OPTION ONE

Draw Closer to God

Single Christians have a unique advantage in this area because they potentially have fewer limits on their availability than those who are married and have families. Use this time in your life to focus on studying the Bible, praying, and growing in your faith.

OPTION TWO

Draw Closer to Fellow Believers

Loneliness and isolation are common for all people, but for singles these realities can be a potential pitfall. All believers need fellowship, support and encouragement from their Christian community (Ecclesiastes 4:12). The Christian life is meant to be more of a “group activity” than a solo journey, so seek out strategic relationships with others that will build you up in God’s Word and His fellowship.

OPTION THREE

Find Contentment in Your Singleness

Your singleness can be a great asset in your Christian testimony. When you can testify to your contentment as a single follower of Christ, it points to the fact that you don’t need a spouse or a family to be “whole” or “complete”. All you need is found in Him! That’s a powerful testimony to a world seeking to find wholeness and completeness in all the wrong ways.

OPTION FOUR

Serve Others

Search out the people who need an extra set of hands or a loving, compassionate friend. Paul tells all Christians that we should not abuse our salvation and freedom from sin but to “serve one another humbly in love” (Galatians 5:13). Being single gives you an even better opportunity to practice this principle of service. Consider options both inside and outside of the church walls.

OPTION FIVE

Practice Unconditional Love

Marriages aren't the only relationships that require unconditional love. Family and friend relationships all require giving without expecting anything in return. Find relationships that require you to handle the disappointment that flawed humans will inevitably cause you without giving up on them. Practice loving people without ifs, ands, or buts.

GOING FURTHER

RESOURCES

SingleFriendlyChurch.com

Whole In Christ by Platt, Holmes, Castleberry, Lind & more

Outflow by Steve Sjogren

Redeeming Singleness by Barry Danylak

7 Myths About Singleness by Sam Allberry

Podcasts at Family Life Network (<http://www.fln.org/resources/singles/>)

Singled Out for Him by Nancy DeMoss Wolgemuth

The Ways of the Alongsider by Bill Mowry